

Summer Term Timetable

Mondays	Tuesdays	Wednesdays	Thursdays	Fri	Saturdays	Sundays
<p>4.00 - 5.00 Early years Gymnastics Fun Age 2-4</p> <p>4.00 - 5.00 Young Beginners Gymnastics Fun Age 4-6</p> <p>5.00 - 7.00 Squad Training Selection Only</p> <p>5.00 - 8.00 Advanced Squad Training Selection Only</p>	<p>4.00 - 5.00 Young Beginners Gymnastics Fun Age 4-6</p> <p>5.00-6.00pm Gymnastics Fun Age 7-18</p> <p>6.00- 7.15 Mini Talent Development <i>Age 4-7 invitation only</i></p> <p>6.00-7.15 Talent development <i>Age 7-18 Invitation Only</i></p> <p>7.15-8.15pm Skill Specific Course: Flexibility</p>	<p>5.00 - 7.00 Squad Training Selection Only</p> <p>5.00 - 8.00 Advanced Squad Training Selection Only</p>	<p>4.00 - 5.00 Young Beginners Gymnastics Fun Age 4-6</p> <p>5.00-6.00pm Gymnastics Fun Age 7-16</p> <p>6-7.15 pm Intermediate & Advanced Gymnastics Fun Age -9-18</p> <p>7.15-8.15pm Skill Specific Course: Handstands and handstand shaping</p>		<p>10.00-11.00 Parkour Beginners Age - 5 - 10</p> <p>11.00-12.00 Parkour Intermediate Age - 8-16</p> <p>12.00-1.00 Tumbling Age 7-12</p> <p>1.00 - 3.00pm Skill Specific Course: Bank Handsprings</p> <p>3.00 - 5.00 Skill Specific Course: Bank Somersaults</p>	<p>10.00 - 10.45 Gymnastics for children with additional needs Open gym setting - PARENT INCLUSIVE</p>  <p>11.00-12.00 Young Beginners Gymnastics Fun Age 4-6</p> <p>12.00-1.00pm Gymnastics Fun Age 6-18</p> <p>1.00 - 2.15pm Mini Talent Development <i>Age 4-7 invitation only</i></p> <p>1.00-2.15pm Talent development <i>Age 7-18 Invitation Only</i></p> <p>2.15 - 4.00pm Skill Specific Course: Bloxand hand balancing</p> <p>4.00 - 6.00pm Squad Training Selection Only</p> <p>4.00 - 7.00pm Advanced Squad Training Selection Only</p>