Term 1 Timetable - Mon 4th Sep 23 - Sun 21st Dec 23

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Sat	Sundays
<u>4.00 - 5.00pm</u>	4.00 - 5.00pm	<u>5.00 - 7-00pm</u>	4.00 - 5.00pm	<u>5.00 - 8-00pm</u>		<u>11.00-12.00pm</u>
Early years Gymnastics	Young Beginners	Squad 1	Young Beginners	Squad 3		Parkour
Fun	Gymnastics Fun	Selection Only	Gymnastics Fun	Selection Only		Beginners & Intermediate
Age 2-3	Age 3-6	5.00 - 8-00pm	Age 3-6			Age - 5-8 & 8-12
&		Squad 2 & 3				
Young Beginners	<u>5.00-6.00pm</u>	Selection Only	5.00-6.00pm			<u>12.00-1.00pm</u>
Gymnastics Fun	Beginners		Beginners			Beginners
Age 3-6	Gymnastics Fun		Gymnastics Fun			Gymnastics Fun
	Age 7-13		Age 7-13			Age 7-13
<u>5.00 - 7-00pm</u>						
Squad 1			<u>6-7.15pm</u>			<u>1.00-2.00pm</u>
Selection Only	<u>6.00-7.15pm</u>		Intermediate &			Young Beginners Gymnastics Fun
<u>5.00 - 8-00pm</u>	Talent development		Advanced			Age 3-6
Squad 2 & 3	programme		Gymnastics Fun			
Selection Only	Age 4-16 Invitation Only		Age -9-18			2.00 - 2.45pm
						Gymnastics for
	<u>7.15-8.15pm</u>		7.15-8.15pm			children with additional needs Open
	Skill Course:		Skill Course:			gym setting - PARENT INCLUSIVE
	Flexibility		Handstands and			
			handstand shaping			SEN
						<u>2.45-4pm</u>
						Talent development programme
						Age 4-16 Invitation Only
						4.00 - 6-00pm
						Squad 1
						Selection Only
						<u>4.00 - 7-00pm</u>
						Squad 2 & 3
						Selection Only
						Selection Only