

Term 1 Timetable - Mon 4th Sep 23 - Sun 21st Dec 23

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Sat	Sundays
<p><u>4.00 - 5.00pm</u> Early years Gymnastics Fun Age 2-3 & Young Beginners Gymnastics Fun Age 3-6</p> <p><u>5.00 - 7.00pm</u> Squad 1 Selection Only</p> <p><u>5.00 - 8.00pm</u> Squad 2 & 3 Selection Only</p>	<p><u>4.00 - 5.00pm</u> Young Beginners Gymnastics Fun Age 3-6</p> <p><u>5.00-6.00pm</u> Beginners Gymnastics Fun Age 7-13</p> <p><u>6.00-7.15pm</u> Talent development programme Age 4-16 <i>Invitation Only</i></p> <p><u>7.15-8.15pm</u> Skill Course: Flexibility</p>	<p><u>5.00 - 7.00pm</u> Squad 1 Selection Only</p> <p><u>5.00 - 8.00pm</u> Squad 2 & 3 Selection Only</p>	<p><u>4.00 - 5.00pm</u> Young Beginners Gymnastics Fun Age 3-6</p> <p><u>5.00-6.00pm</u> Beginners Gymnastics Fun Age 7-13</p> <p><u>6-7.15pm</u> Intermediate & Advanced Gymnastics Fun Age -9-18</p> <p><u>7.15-8.15pm</u> Skill Course: Handstands and handstand shaping</p>	<p><u>5.00 - 8.00pm</u> Squad 3 Selection Only</p>		<p><u>11.00-12.00pm</u> Parkour Beginners & Intermediate Age - 5-8 & 8-12</p> <p><u>12.00-1.00pm</u> Beginners Gymnastics Fun Age 7-13</p> <p><u>1.00-2.00pm</u> Young Beginners Gymnastics Fun Age 3-6</p> <p><u>2.00 - 2.45pm</u> Gymnastics for children with additional needs Open gym setting - PARENT INCLUSIVE</p>  <p><u>2.45-4pm</u> Talent development programme Age 4-16 <i>Invitation Only</i></p> <p><u>4.00 - 6.00pm</u> Squad 1 Selection Only</p> <p><u>4.00 - 7.00pm</u> Squad 2 & 3 Selection Only</p>